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May 2001 News

Greetings

We are looking forward to an exciting new year at the swim club. It promises to be a special year with the **Opening day May 19th at noon**. This year we will have hot dogs, chips and soda pop from Noon until 2:00 p.m. Now is your chance to help make the pool and tennis grounds a place to be proud of. The "all member" **work parties are on Sunday, May 6th and Saturday May 12th. The times for both days are 10am to 4pm**. We have scheduled the dates for you to satisfy your family's required four (4) hours of maintenance work while getting the pool ready for opening day. Please mark your calendars and plan on participating in one or both of these work parties. These are "Rain or Shine" work parties, so join us with your painting supplies, shovels, pruners, brooms, rain gear, tool kits, rakes, weed whackers, wheel borrows, hand gardening tools, rags, mops, pick-up truck etc. We don't need you to purchase any supplies or materials unless specifically asked by a Board Member. We will reimburse only for those items **approved in advance** by a Board Member. Be sure to sign-in when you arrive and sign-out when you leave so we have a record of your time. **Because of safety and liability, no children under 14 are allowed on the premises during work parties.** Small groups of people may combine their efforts in some special projects. These projects can be completed during the work party or at a time coordinated with a board member. These special projects will be identified and scheduled with Scott Gordon. **Remember: Volunteer hours for swim/dive/tennis teams are NOT regarded as maintenance hours.** Those memberships not fulfilling this requirement will be assessed \$75.00 due by September 30, 2001.

What's New for 2001?

Did you move this past year? Please let Bob Quackenbush know what your new address is at quackbc@qwest.net or (206) 439-7209.

Again, this year we will be getting new bleachers that will be arriving for the summer season and tee shirts and sweatshirts will be available for purchase at the snack shack.

New Dive Team Coach- has been hired. Heather Towle, a 17-year-old Jr. at Kennedy High School, has dived for both GSSC and currently dives for Kennedy High School.

Guest pass cards that fit in your wallet and look like a punch card, are available for purchase in the office. There is a separate houseguest pass if you have a guest staying with your family for an extended time, or for use by babysitters.

We have over 70 anxious families on the waiting list for membership. If you are interested in selling yours, or are interested in the Distinguished Honorary Membership, please contact Dana Franks at dfranks@hcc.ctc.edu or (206) 242-9940.

Emergency Notification Contact Sheets will be asked of all members. Please complete the attached sheet for your family and return with your dues payment, or bring to the pool prior to or on your first visit. This year the form will contain a section for you to include your email address. Please fill this out so that we can send you your future newsletters electronically.

Water Safety Checks: All children under age 10 will be required to take a swim test to evaluate their safety level. Children must pass the swim test if they are not accompanied by a responsible adult or babysitter. All children age 8 and under must be accompanied at all times, even if they have passed their Water Safety Check. Check in with the lifeguard on duty for your pool test. The test will include 1 lap of freestyle (without holding onto the wall), 3 min of treading water and 1 minute of back floating.

Events to Remember:

Work Parties – are on Sunday, May 6th and Saturday May 12th. The times for both days are 10 am to 4 pm.

Opening Day - Saturday, May 19th Pool opens at noon for an all-day general swim. Hot dogs, chips and pop will be served from Noon till 2:00 p.m. Membership dues must be paid by this date. Also, we will be signing up names for Swim, Dive and Tennis teams.

Lessons for swimming, diving and tennis are available for members. Members can sign up for the first session on Monday, June 11, 2001 at 6:00 p.m. This is for the first session only. Non-members sign up on June 15th.

Master Swim will start on Wednesday, May 30th. It will be Wednesday nights from 8-9 pm and Saturday mornings from 11-noon until June 25th. Beginning June 27th it will be Mon and Wed nights from 8-9 pm. We will have a sign up sheet at the pool on opening day and will need to cancel if we don't have enough participants (15 minimum). We will be competing in late July against other adult teams :-). Please see Mike or Lori for more information on cost, etc.

Team Parent's Meeting and swimsuit fitting/ purchasing is on June 5th. We would like to ask all parents whose children are interested in participating in this year's swim, dive or tennis teams to come meet the coaches and listen to their goals and ideas for this year. This is the best opportunity for new and returning parents to ask questions and reacquaint themselves with the team's routines. We will have available a Parent Information Packet, which will include medical authorization forms, directions to the event locations, practice schedules, etc. As always, your level of participation in your children's activities will determine the degree of success of our programs. During this time, there will be team swimsuits available for fitting and purchase.

New this year, Pacific Bay Swim has an *E-TEAM web site where you can order your suit in advance and they will have the suit for you at the Parent Meeting. Their web site address is www.pacbayswim.com. Please do not combine the team registration fees with your membership dues. Use separate checks if you plan on paying for both items on May 19th.

PRE SEASON WORKOUT - Any members interested in pre-season swim team workouts or in a year round swim team can contact Husky Swim Club at (206) 575-0808. They offer a flexible schedule of practices at several local pools.

Volunteers Needed!! We want this season's team events to be fun and successful. For this to happen we need your help. You will see sign-up sheets and other information that will identify help that is needed. Please be generous with your time when asked to help with timing, ribbons, car-pooling, baking, concessions, etc. Please call Molly Bruns (Youth Coordinator) at brunsseattle@yahoo.com or (206) 433-2899 if you would like to sign up.

Vacant Food & Beverage Coordinator- There is currently a vacant position on the board. This individual (or it can be shared by two individuals) would be responsible for keeping the Snack Shack stocked with supplies. If any one is interested in this board position, please contact any of the board members.

Teen Party - Saturday, June 9th, 6-10 pm - This party (rain or shine) is open to children currently in 5th, 6th and 7th grades. Hot dogs, snacks and drinks will be provided. Any questions please contact Poppy Arvan garvan@gte.net or (206) 244-8036.

Adult Party - Saturday, July 28th - There will be a well known, soon to be famous, local band. Watch for more details later.

Awards Event – August 8th- Recognition for swimming, diving and tennis teams. Watch for more details later.

GSSC Summer Board Meetings - July 16, August 13, and September 10th will be held at the pool. All members are welcome to participate.

Please note the early pool closures for home swim and dive meets. Your Swim Club has an agreement with the Normandy Park Swim Club that allows you to use their facilities during the early pool closures. The Normandy Park Swim club is located at 17655 12th SW., phone number (206) 244-0700.

No Tolerance Policy- All members should please remember the "no tolerance policy" for any vandalism to swim club facilities and grounds. All offenders will be held responsible to the highest degree by law.

All City Swim Meet – This meet is at Wedgewood this year and is later than normal. The meet is scheduled for Tuesday, August 7, 2001. The other team dates and schedules will be in the next newsletter and posted on the web site as soon as it is available.

Please refer to the attached schedules for the pre-season practices, meetings, and for the pool hours. The GSSC bylaws are on the web site and the 2001 membership roster will be available in the pool office.

GSSC Board,

Jan Reynolds, President

Shelly Kosaka, Secretary

2001 Board Members

| | | | |
|----------------------------|--|--------------------------|---|
| President | Jan Reynolds (206) 243-7531 reyns@qwest.net | Membership | Dana Franks (206) 242-9940 dfranks@hcc.ctc.edu |
| Vice President | Scott Gordon (206) 243-7725 scottpcucumber@msn.com | Social | Poppy Arvan (206) 244-8036 garvan@gte.net |
| Secretary | Shelly Kosaka (206) 244-5640 skosaka@qwest.net | Food and Beverage | Vacant |
| Treasurer | Jean Parmele-Walz (206) 244-6433 JWalz31157@aol.com | Youth | Molly Bruns (206) 433-2899 brunsseattle@yahoo.com |
| Accounts Receivable | Bob Quackenbush (206) 439-7209 quackbc@qwest.net | Manager | Lori Jensen Box (425) 430-8612 lorijbox@home.com |

Pool Schedule**May 19 through June 24 AND September 4 through pool closure**

| | | |
|-------------------|-------------------|--------------|
| Monday - Friday: | 3:00 - 6:00 p.m. | General Swim |
| | 6:00 - 6:30 p.m. | Lap Swim |
| | 6:30 - 8:00 p.m. | General Swim |
| Saturday & Sunday | 12:00 - 1:00 p.m. | Adult Swim |
| | 1:00 - 5:00 p.m. | General Swim |
| | 5:00 - 6:00 p.m. | Family Swim |
| | 6:00 - 8:00 p.m. | General Swim |

June 25 though August 18

| | | |
|---------------------------|------------------------|--------------|
| Monday, Wednesday, Friday | 6:00 - 8:00 a.m. | Lap Swim |
| Monday - Friday | 8:00 - 10:15 a.m. | Swim Team |
| | 10:30 a.m. - 1:00 p.m. | Lessons |
| | 1:00 - 1:30 p.m. | Adult Swim |
| | 1:30 - 5:00 p.m. | General Swim |
| | 5:00 - 6:00 p.m. | Family Swim |
| | 6:00 - 6:30 p.m. | Lap Swim |
| | 6:30 - 8:00 p.m. | General Swim |
| Monday - Thursday | 8:00 - 9:00 p.m. | Adult Swim |
| Friday | 8:00 - 9:00 p.m. | Teen Swim |
| Saturday & Sunday | 10:00 - 11:00 a.m. | Adult Swim |
| | 11:00a.m. - 5:00 p.m. | General Swim |
| | 5:00 - 6:00 p.m. | Family Swim |
| | 6:00 - 9:00 p.m. | General Swim |

Early pool Closures:

The pool will close at 4pm for the home SSSL swim and dive meets. Also, the pool closes early for the SSSL Boys Preliminaries, which GSSC is hosting. Watch for updates on these dates and times. The pool will close at 3:30 for the three social events: Teen Party (6/9), Adult Party (7/28), and the Awards Event (8/8).

August 13th through September 3rd -dates are dependent on whether or not we add a 4th session of lessons.

| | | |
|-------------------|-------------------------|--------------|
| Monday - Friday | 11:00 a.m. - 12:00 p.m. | Adult Swim |
| | 12:00 - 5:00 p.m. | General Swim |
| | 5:00 - 6:00 p.m. | Family Swim |
| | 6:00 - 6:30 p.m. | Lap Swim |
| | 6:30 - 8:00 p.m. | General Swim |
| Saturday & Sunday | 10:00 - 11:00 a.m. | Adult Swim |
| | 11:00a.m. - 5:00 p.m. | General Swim |
| | 5:00 - 6:00 p.m. | Family Swim |
| | 6:00 - 8:00 p.m. | General Swim |

Swim-Team Workouts**Preseason Starts on June 4th**

| | | |
|---------------------------|------------------|----------------------|
| Monday, Tuesday, Thursday | 8:00 - 8:20 p.m. | 10 years and younger |
| | 8:20 - 9:00 p.m. | 11 years and older |

Regular Season Starts June 26th - Season Ends with All City @ Wedgewood on August 7th

| | | |
|-----------------------|-------------------|---------------------|
| Monday through Friday | 8:00 - 9:00 a.m. | 13 and older |
| | 9:00 - 9:45 a.m. | 9 - 12 years |
| | 9:45 - 10:15 a.m. | 8 years and younger |

Lesson Program

| Session | Dates | Registration Begins | |
|-----------|------------------|----------------------------------|---------------------|
| | | Members | Non-members |
| Session 1 | June 25 - July 6 | June 11, 6:00 p.m. | June 15, 10:00 a.m. |
| Session 2 | July 9 - July 20 | July 2 nd , 6:00 p.m. | July 5, 10:00 a.m. |
| Session 3 | July 23 - Aug 3 | July 16, 6:00 p.m. | July 19, 10:00 a.m. |

Social Calendar

Date

Monday, June 5 at 6:30 p.m.

Activity

Parents of Team members Orientation Meeting (swimming/diving/tennis), swimsuit fitting & purchase.

Saturday, June 9th 6:00 p.m.

Teen Party

Saturday, July 28th 6:30 p.m.

Adult Party

Wednesday, August 8th

Awards Event for Tennis, Diving and Swimming teams.

FEES SCHEDULE

| | |
|--|---|
| Lessons (2 week Session) | \$25.00 Members \$40.00 Non-members |
| Private Lessons (one 1/2 hour session) | \$15.00 Members \$25.00 Non-Members |
| Teams (per sport played) | \$43.00 First Child (includes coaches gift of \$5) \$38.00 Second Child \$28.00 Each Additional |
| Guest Tickets | \$20.00 Card of Six Daily Passes \$53.00 House Guest Pass (for babysitters, exchange students, etc.) |
| Tennis Keys | \$10.00 |

Pool Rental Fees: Members Only

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|---------------|-------------------------|---------------------------|-----------------------|
| Up to 2 hours | 1-25 Guests \$150.00 | 26- 50 Guests \$200.00 | 51 and Up \$250.00 |
|---------------|-------------------------|---------------------------|-----------------------|

2001 EMERGENCY INFORMATION SHEET

MEMBER NAME: _____

SPOUSE NAME: _____
Last First

ADDRESS: _____
Last First
Home Address City, ST e-mail

EMAIL ADDRESS: _____

EMPLOYER (ONE): _____
Occupation Work Phone

EMPLOYER (TWO): _____
Occupation Work Phone

PHONE: _____
Home Mobile (Cellular) Alternate

CHILDREN:

| <u>Name</u> | <u>Age</u> | <u>Birth date</u> | <u>Sex</u> | <u>Swim Test (for office use only)</u> |
|-------------|------------|-------------------|------------|--|
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IN CASE OF EMERGENCY CONTACT:

Name (One): _____ Phone (One): _____

Address (One): _____ Relationship (One) _____

Name (Two): _____ Phone (Two): _____

Address (Two): _____ Relationship (Two): _____

Physician: _____
Name Phone Number

Hospital: _____
Name Phone Number

Medical Insurance: _____
Company Policyholder Group Number

Special Information (Medications, Allergies, Injuries, etc.) _____
